

Quality of life after liver transplantation: an ESOT seminar for patients

Date: 3rd June 2024

From 17:00 to 18:30 (CET)

Registration link: <https://virtual.esot.org/4d902fbbaca6341f>

The project “Quality of Life after Liver Transplantation” is an initiative by ESOT (European Society for Organ Transplantation) aimed at enhancing the understanding of the needs of individuals who require or have undergone liver transplantation. Patient representation and participation are central to this initiative.

A survey of the same name was designed with the objectives to acquire greater knowledge of the needs and experiences of people who need or have received a liver transplant. Utilising the knowledge acquired through the survey, a group of experts have designed this workshop to provide the patient community with easily accessible educational resources.

This workshop focuses on the Quality of Life (QOL) outcomes in patients, post-liver transplantation. By analyzing and interpreting the collected QOL survey data, we aim to understand the multifaceted aspects of life that affect liver transplant recipients.

Objectives of this workshop:

- To identify the key factors that significantly impact QOL after liver transplantation
- To develop strategies and interventions aimed at improving the QOL for liver transplant recipients (patient-centric strategies)
- To promote multidisciplinary collaboration
- To identify and enhance support systems
- To use the findings to inform and refine clinical practices and healthcare policies

Target Audience:

Patients, Caregivers, Patient Advocates, Representatives of Patient Associations and Organizations

Format:

Each session will consist of concise presentations followed by an interactive Q&A segment. Participants can submit their questions via the chat, from which moderators will curate and select queries for the speakers. To ensure accessibility, an AI-powered system will provide simultaneous translation and subtitles in multiple languages.


Scientific Organizing Committee:

Teresa Antonini (France)

Maria Speranta Iacob (Romania)

Liz Schick (Switzerland)

Heiner Wedemeyer (Germany)

This workshop is possible thanks to the kind support of  Biotest

Preliminary Scientific Programme

17:00	Welcome and Introduction	5 min	
17:05	Presentation of data and results from the QOL after Liver Transplantation Survey	20 min	Maria Speranta Iacob (Romania)
	Q&A	5 min	
17:30	General aspects of Quality of Life after Liver Transplantation: <ul style="list-style-type: none"> • Nutrition • Sport • Sex life • Social life, health insurance, work, psychological effects 	30 min	Teresa Antonini (France) Liz Schick (Switzerland)
	Q&A		
18:00	Pharmacological aspects and immunosuppression issues, cancer screening and general life expectancy	25 min	Heiner Wedemeyer (Germany)
	Q&A		
18:25	Closing Remarks	5 min	

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ESOT Headquarters

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